

**Name: Cui Lihong**

**Position: Director of Gastroenterology Department (academic leader)**

**MD and PhD, Chief Physician, Professor, Doctoral supervisor,**

**Institution: Navy General Hospital PLA**

**Country/ City: China, Beijing**

**Date: September, 2014**

**1. Please describe your title and background and your interest/specialty areas within gastroenterology. How long have you been a physician and where do you practice?**

**Title:**

Cui Lihong

Navy General Hospital

Director of Gastroenterology Department (academic leader)

MD and PhD, Chief Physician, Professor, Doctoral supervisor,

**Background:**

1. Professional Committee chairman navy digest
2. China digestion Institute, deputy director of enteral nutrition
3. Beijing Medical Association branch executive director of gastroenterology specialist
4. Beijing Medical Branch members Digestive
5. Beijing Medical Branch members Digestive Endoscopy
6. Beijing Institute of Integrative Medicine digestive professional members
7. Chinese Preventive Medicine Association Professional Committee of Evidence-Based Preventive Medicine Gastroenterology evidence-based prevention study group members
8. Cross-Strait Exchange Association digestive medicine and health science Standing Committee of Experts on the disease
9. Chinese Medical Association Medical Training Professional Guidance Committee
10. Beijing health experts storehouse
11. Beijing Medical Malpractice experts storehouse
12. People's Liberation Army medical research evaluation experts storehouse
13. World Journal of Gastroenterology Chinese, Gastroenterology (Chinese version), Naval Medical Journal editorial board

**Interest/Specialty areas within gastroenterology ( the research direction):**

- 1, functional gastrointestinal disorders

- 2, probiotics and digestive diseases
- 3, early diagnosis of gastrointestinal cancer

**How long have you been a physician:**

From 1986 to now, 28 years.

I started in 1986 as a doctor, engaged in clinical, teaching, scientific research department of digestion has been 28 years.

**where do you practice?**

**Education and Work Experiences**

Sept. 1986-present: Work in Department of Gastroenterology of Navy General Hospital as:

**Director & Professor:** Jan, 2009 to present

**Vice Director and Associate Professor:** Dec, 1998 to Dec, 2008

**Attending doctor:** Dec, 1992 to Nov, 1998

**Resident:** Aug, 1986 to Nov, 1992

**PhD:** Jun. 2010. Supervised by Prof. Yunsheng Yang, current president of Chinese Society of Gastroenterology, Chinese PLA General Hospital (301 Hospital) and Postgraduate colleague

**Master degree:** Jun. 2006. Supervised by Prof. Yunsheng Yang, 301 Hospital

**Bachelor Degree:** Jun. 1986, Third Military Medical University.

**2. What are some of the main challenges you are facing as a physician in China?**

1. Admissions too many patients, doctors do not have enough time to communicate with patients to understand the disease
2. How do doctors in a short period of time to communicate effectively with patients
3. Improve physician and patient awareness of functional gastrointestinal disorders
4. Specification doctor's diagnosis and treatment of functional gastrointestinal disorders

**3. Are you seeing an increase of functional gastrointestinal disorders in your patients? Why do you feel there is such an increase in FGIDs?**

1. Change the pressure of life, the pace of life, diet
2. Improve understanding of functional gastrointestinal disorders

**4. How do you typically treat your patient's with FGIDs?**

1. First, asked in detail about the patient's history
2. The second patient detailed examination, especially abdominal examination
3. The third requires patients fill four kinds of functional gastrointestinal disorders diagnostic criteria questionnaire
4. Fourth relevant examination to exclude organic disease

**5. What prompted you to come to the United States to learn more about functional GI disorders and physician-patient communications?**

1. The first is a professor Drossman outstanding contribution in the field of functional gastrointestinal disorders, he is a world leader in this field, is my idol. He led a strong research team.
2. The second is my love for functional gastrointestinal disorders research, I have engaged in this field for years to get three research grants, publishing papers 46, pioneered functional gastrointestinal disorders are four diagnostic criteria for epidemiological survey in China, related illness and factor analysis, comparing the four diagnostic criteria, trying to find the Asian characteristics of the patient.
3. The third expected by most formal learning and training, to better do Chinese diagnosis and treatment of functional gastrointestinal disorders, striving to join the world in the field of research and to make a positive contribution.

**6. What have you learned from your experience with Dr. Drossman?**

1. Adequate communication with patients is very important, which is to obtain the trust of patients, correct diagnosis premise.
2. Good communication methods and skills are key to get the correct information.
3. Rigorous diagnosis and treatment process, standardize patient education is to ensure good efficacy.
4. Knowledge of mental and psychological aspects of diagnosis and treatment of functional gastrointestinal disorders helpful.

**7. What do you think practically you could do differently in your practice in China now that you have had this immersion experience with Dr. Drossman?**

1. Fully communicate as much time with patients
2. Clearly explained to the patient a variety of symptoms
3. Full production of functional gastrointestinal disorders related to science materials as possible
4. Learning and psychological practitioners to carry out joint diagnosis and treatment of mental and psychological aspects of the disease together

**8. Any advice or insight you would like to share with other physicians?**

1. The prevalence of functional gastrointestinal disorders showed a rising trend, and should be valued.
2. Full communication with the patient, good communication skills is a prerequisite for correct diagnosis.
3. Professor Drossman digestion professionals should learn functional gastrointestinal disorders website content.
4. Clinical work should pay attention to the characteristics of the collection of symptoms, compared to the standard is more suitable for Chinese people.